



THE NABBA USA NATIONAL COMMITTEE  
PRESENTS THE



# 2009 NABBA USA AMERICAN BODYBUILDING CHAMPIONSHIPS

(The Nationals)

★ OPEN MEN ★ OPEN WOMEN ★ JUNIOR MEN (AGES 16-23) ★ MEN'S ATHLETIC ★  
★ NOVICE MEN ★ TEENAGE MEN ★ MASTER'S MEN (40-49) ★ GRANDMASTER'S MEN (50+)

&

Special Feature Co-Sanctioned by the



**WFF®**

WORLD FITNESS FEDERATION

the

## Ms. FIGURE® AMERICA

Looking for the shapely and trained female body  
Judged in three rounds: Quarter Turns, Comparative Displays, and Artistic Routine.  
Suit must be a bikini (no g-string or thong).

★ QUALIFIER FOR TEAM SELECTION TO THE 2010 NABBA UNIVERSE (ENGLAND),

2010 NABBA WORLD CHAMPIONSHIPS AND WORLD FITNESS FEDERATION (WFF) INTERNATIONAL COMPETITIONS ★  
and the

## EAST COAST GRAND PRIX

(Novice Men)

★★ ATHLETES OF ALL BODYBUILDING FEDERATIONS WELCOME TO COMPETE ★★  
(SEE SPECIFIC ELIGIBILITY REQUIREMENTS ON REVERSE)

TIMES

PRE-JUDGING - 12:00 PM  
EVENING SHOW - 6:00 PM

COMPETITORS' CHECK-IN  
8:30 AM

TICKET INFO & PRICES

PRE-JUDGING - \$10.00  
EVENING SHOW - \$15.00

TICKETS SOLD AT DOOR  
DAY OF THE SHOW

QUESTIONS,

TRAVEL DIRECTIONS,

ACCOMMODATIONS CONTACT:

SCOTT POLITANO

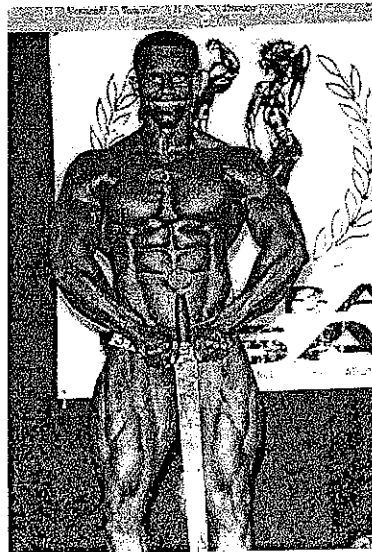
at 516.287.4020

E-mail: SCOTQUAD@hotmail.com

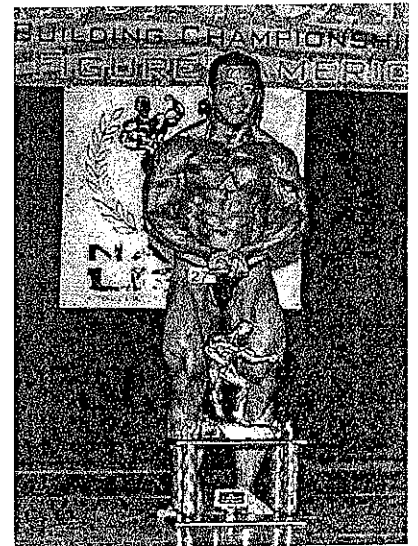
ENTRY FORM, ELIGIBILITY,  
CLASSES, CATEGORIES, AWARDS,  
and INFORMATION ON REVERSE



Perly McIwaine  
2008 Ms. Figure® America  
Overall Winner & Short Class



Saidi Kamara  
2008 Overall Winner  
NABBA USA American Championships  
The Nationals



Dan Huang  
2008 Overall NABBA East Coast  
Grand Prix (Novice)

**SATURDAY, 7 NOVEMBER 2009**

**WEST YORK AREA MIDDLE SCHOOL**

**1800 BANNISTER STREET, YORK, PENNSYLVANIA 17404**